



RAM BULLETIN
Retired Active Men, Inc.
San Luis Obispo Branch #2
Website: retiredactivemen.org



LUNCHEON PROGRAM

Bill Woodson

September 17

John Lindsey

**Marine Meteorologist & Media Relations,
PG&E Diablo Canyon**

“Predicted Rainfall, 2020”

Menu:

Roast Turkey Breast
w/ Whipped Potatoes
Pink Champagne Cake

October 15

Jim Dantona

**President/ CEO
SLO Chamber of Commerce**

“Overview, Vision”

Menu:

Italian Lasagna
w/ Garlic Bread
Black Forrest Cake

BIG RAM BLEAT

Roy Cinowalt

September is an active time for RAMS recruiting nominations for vacant positions. Each man might consider contributing, most especially if you have special skills and expertise.

Steve Bennett chairs the Nominating Committee. He is the guy that makes possible the smooth and efficient organization of all matters attended to. Please consider being an active member of this terrific group of exceptional men.

A reminder also to reserve your seats or whole table for the December 17 holiday lunch, a true bargain at \$25. It includes quality entertainment by the all-female “In Time Trio.”

We rather like to think of our group as “Just for fun.” It just seems to work better with this in mind!

RAM COFFEE CABINET

Bill Fieldhouse



The RAM Coffee Cabinet meets each Thursday at the Garden Room, Madonna Inn. We start gathering for socializing around 8:00 a.m. We are called to order at 8:30 am for an hour-long program that includes humor, highlights of history, announcements and anecdotes and a featured speaker.

The Coffee Cabinet welcomes RAMs and invited guests.

Upcoming Programs:

**September 19 - Andrew Boyd-Goodrich,
Exec. Director, Camp Ocean Pines, *Camp Ocean Pines: A Place to Connect, Explore & Grow***

September 26 – Grant Waltz, Research Assoc, Wendt Lab, CP Biological Sciences Dept, Fish Research

October 3 – ATTENDEES Table Talk

October 10 – Christy Mulkerin, M.D., Chief Medical Officer, SLO Co. Sheriff's Department Jail, Jail Healthcare Program, Medical Services

October 17 – Tom Meinhold, Publisher, Central Coast Journal, Background; Vision for CCJ

(2.0 – 2.5 mi, mostly level boardwalk; dogs on leash are welcome) This very pleasant, popular walk follows the rocky shoreline along Moonstone Beach Dr. in Cambria. Before or after the walk, participants may want to tour the Cambria Scarecrow display in both East and West Village and at many residences.

To Get There – Travel time is about 40 minutes from Foothill & Santa Rosa in SLO. From Hwy 1 in Cambria turn left at the light at Windsor Dr. Then a quick right on Moonstone Beach Dr. Continue 0.3 mi. to the Santa Rosa Creek parking lot on the left. Watch closely so that you don't miss it!

WALKING GROUP

Bob Mott

Bob and Beth Mott invite you to join us in our moderate walks each month, usually on the 2nd and 4th Wednesdays at 10:00 a.m. We send out reminders a week before, giving more details regarding meeting place, how to get there, walk length and estimated difficulty.



You are also invited to join us for no host lunch afterwards. The restaurant will be chosen by those walking. If you are not on the reminder list, contact Bob at 1-805-748-0573 or rcmott30@gmail.com.

MODERATE WALKS

Wednesday, September 25, 10:00 am – Addie St. to Pier (PB) (Level, sidewalks plus optional beach, c. 2.0 mi.) We will begin at the Addie St. parking lot in Pismo Beach. Some walkers will take the beach to the pier, while others will take the sidewalks. Faster walkers may check out the pier, also. We will return on the sidewalks.

To Get There – From Hwy 101 in Pismo Beach exit Pismo Beach/Hwy 1 South. Take Hwy 1 (becomes Dolliver St) through town. Turn right on Addie St just before the Pismo Creek bridge. Drive to the parking lot at the beach. (Addie St “jogs” slightly to the left midway).

Wednesday, October 9, 10:00 am - Moonstone Beach Boardwalk and Cambria Scarecrows

ACTIVE HIKES

RAMs on the Active Hike list will receive a reminder the week before. **PLEASE LET BOB KNOW IF YOU PLAN TO TAKE THIS HIKE: 1-805-748-0573 (cell) or rcmott30@gmail.com**

Friday, September 20, 8:00 am (SLO Vets Memorial for carpool) or c. **8:30 am** (Trailhead) – Cerro Alto Foothill Loop (2.5 mi loop, 640 ft elev change, 2 – 2 ½ hr) The trail parallels the Upper East Fork of Morro Creek up a canyon about ¾ mi, then connects with an old ATT&T Cable Rd. We follow the road up to an overlook above the canyon, then head downhill via switchbacks to our campground parking lot.

To Get There – For carpool, meet at the Palm St (Monterey St) side of the SLO Vets Memorial Bldg. at 8:00 am. Those meeting at the Cerro Alto Campground parking lot at 8:30 am should head east on Hwy. 41, 7.2 mi from Hwy 1 in Morro Bay towards Atascadero. The campground turnoff is on the right. Follow the campground road to the parking lot at the end. There is a day park fee.

Friday, October 18, 8:30 am – Bishop Peak from Highland Dr. (4.5 mi, 950 ft elev change, 2.5 – 3.0 hr) This hike climbs to the summit, 1,559 ft. but we get a good head start from the end of Highland Dr. We pass through native grasslands, live oak woodlands and the quarries that provided granite for some buildings in downtown SLO and

even for Port San Luis (Harford Pier area). There are great views en route.

To Get There – From Santa Rosa St. in SLO head west on Foothill to Patricia, right on Patricia 0.3 mi. to Highland, then left on Highland 0.6 mi to the top, Be sure to park only in allowable spaces at the end. Give yourselves 5-6 extra minutes to allow for parents bringing their children to school. Patricia may be congested by the extra autos.

SLO RAM GOLF

Dave Martindale



RAM Golf happens every Wednesday at Laguna Lake Golf Course; the first and third Wednesdays are “best-ball” with alternate Wednesdays being “regular golf”. Players check-in before 8:30 and the teams are selected and determined by 8:45. Play begins about 9:00. Regardless of skill level all RAMs and guests are welcome. Following the game we visit Costco’s “House of Tube Steak” and relish a hot dog and your golf achievements. For information contact Dave Martindale, 1-805-550-6500.

LUNCH BUNCH

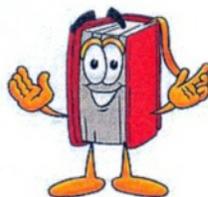
Steve Bennett

The September lunch was at Rooster Creek in Arroyo Grande. Attendance was OK and the food was good. I invite all of the Ram group to join us each month when we go to a different location to meet old friends and make new ones. You do not have to be a Ram member so come join us. This is a “just for fun group.” Contact me via email: sbenn1941@gmail.com or call me at 805-556-0359 and leave a message if I can’t answer.



THE BOOK CLUB

Steve Rye



The Book Club meets at 2:00 on the 4th Tuesday of each month at Mt. Carmel Lutheran Church, 1701 Fredericks St, San Luis Obispo. RAMs and invited guests are welcome.

The selection for September is Educated by Tara Westover, and the selection for October is The Financial Crisis and Its Lessons by Ben Bernanke.

RAM TASTERS

Gus Wassel

The spacious grounds of Roger and Kathy Eberheart’s lovely home was the site of our beer tasting with lunch. Tables, chairs, and, canopies were provided. Roger prepared pork with condiments while others provided sausages and salads. We thank Roger and his wife Kathy for allowing us the use of their home and we also thank all who helped. It was a wonderful day.

We tasted several beers, principally IPA’s. The beers and good fun were enjoyed by all.



Our next event will be our annual Tasters Delight held at Rich Pescatore’s home on Oct 3rd. The event is open to RAM Tasters members and their wives/significant others. We will begin at 4:00pm. Our favorite wines of the year will be provided. Attendees are asked to bring finger food for our early evening meal. To avoid duplicate dishes let Gus know what food you wish to bring.

If you have not yet paid your dues for next year you will not be allowed in the door unless your arm reaches in first with either a check or \$100 in cash in hand.

Participation is available to RAM Taster members, and to invited guests when space is available.

POKER GROUP

Ernie Dossa

Meets on the second Tuesday of each month @ 1:00 pm. The meetings usually rotate among the players. The next meeting will be at Ernie Dossa's house.

805-439-0196 or cell 408-892-3114 for more information



LUNCHEON CALLER DIRECTORY

Terry Whittaker

A-B	Jerry Larson	805-788-0269
C:	Hal Thilmony	510-604-2025
D-F:	Mike Dilallo	805-489-5172
G-I:	Terry Whittaker	805-773-3964
J-L:	David Werner	909-702-8787
M-N:	David Prigge	805-773-3532
P-R:	David Prigge	805-773-3532
S:	Nick Higgins	559-289-1586
T-Z:	Phil Ruggles	805-543-5968

If you want to invite a guest, advise your caller or call Terry Whittaker at 805-773-3964.

"Yes" Reservations need to be canceled by calling Terry no later than noon Friday to avoid being responsible for the cost.

"No" reservations can be reversed as late as first thing Monday morning by calling Terry.

SEPTEMBER BIRTHDAYS

LName	FName	Date
Bennett	Stephen	9/10
Bertozzi	Dan	9/10
Carpenter	Thomas W	9/26
Dille	Donald K	9/1
Lann	Ken	9/14
Mayer	Norman	9/26
Munroe	Patrick	9/18
Perry	William O	9/17
Romero	David	9/13
Short	Stan	9/14
Simpson	Donald	9/1
Williams	Robert N	9/26
Woelfel	Roger	9/26

SEPTEMBER ANNIVERSARIES

Name	Date	Yrs
Cook, John L & Nancy	9/19/1970	49
Higgins, Nick & Katy	9/20/1975	44
Lonsway, David & Sharon	9/7/1963	56
Salzgeber, Garvan & Elizabeth	9/5/2006	13
Tobias, Jim & Joanne	9/18/1962	57

OCTOBER BIRTHDAYS

LName	FName	Date
Benson	Ed	10/30
Burke	Larry	10/27
Burt	David N	10/14
Cadenasso	Bill	10/26
Dilallo	Michael G	10/31
Goode	Stephen	10/2
Lewis	Clark	10/25
Murphy	James	10/26
Pescatore	Richard	10/30
Ruggles	Philip K	10/2
Salin	Eric	10/2
Thilmony	Hal	10/3
Werner	David	10/22

Meritorious Service Award Announcement

Bill Woodson

Nominations are open for the annual Meritorious Service Award, which is also known as the Paul V. Tuttle Award. This award is granted yearly in recognition of leadership, dedication and continued support of the RAMS and is presented at the Holiday Gala in December.

Nominations should include information about service (including length of service) in elected and/or appointed RAM positions, service in other RAM leadership positions (such as RAM sponsored groups), and other activities that benefit the members of our organization.

All members are eligible for nomination, including past recipients of the award. Please email your nomination to Bill Woodson (billandkayw@icloud.com) by October 1st.

NOMINATING COMMITTEE

Steve Lumm

We are about to go into the Executive Committee planning phase for next year. Our goal is to have as many members involved in the operations as we can. There are over 50 different positions that need to be filled. This is about 1/3 of our organization. The Who is Who shows a list of the positions and can be found on the RAM website.

The Nominating Committee will present a slate of officers, which includes: Big RAM, Little RAM, Secretary, Assistant Secretary, Treasurer, Assistant Treasurer, and 7 Director positions. A director position is dedicated to the previous year's Big RAM, the chair of the Membership Committee, and the chair of the Coffee Cabinet. This slate will be presented to the membership at the October luncheon for your approval.

If you have an interest in any position, please let Steve Bennett, the Nominating Committee Chairman, know.